



A Project of
Black Star Industries
UhuruFoods.org

UHURU

FOODS & PIES

Building an independent African economy

Gourmet • Fresh • Delicious
BREAKFAST & LUNCH

Made to Order with High Quality, Natural Ingredients • At Saturday Market Since 2003

BREAKFAST MENU Served All Day

BREAKFAST WRAP

\$9.00

Scrambled Eggs, Herb-Seasoned Homefries, Cheddar/Jack Cheese and Salsa in a Grilled Flour Tortilla, with your choice of meat or veggie.
Choose: Bacon, crumbled Turkey Sausage, or Avocado.

B.E.S.T. WRAP

\$9.00

Scrambled Eggs, Cheddar/Jack Cheese, Fresh Spinach, Diced Tomatoes and Bacon in a Grilled Four Tortilla.
Substitute: Avocado or crumbled Turkey Sausage for Bacon
Homefries can be added to this wrap for \$2

WE ACCEPT CREDIT CARDS







BREAKFAST BOWLS

Herb-Seasoned Homefries, Scrambled Eggs, Cheddar/Jack Cheese
With any 3 bowl toppings (TRI-TOP BOWL)

\$6.00

\$8.00

BOWL TOPPINGS (\$1.00 each)

Bacon, Turkey Sausage, Jerk Chicken, Vegan Jerk "Chick'N," Tomatoes, Sauteed Mushrooms, Fresh Spinach, Avocado

ADDITIONAL TOPPINGS \$1.00 EACH

- Bacon
- Turkey Sausage
- Sauteed Mushrooms
- Fresh Spinach
- Avocado
- Diced Tomatoes
- Jerk Chicken
- Vegan Jerk "Chick'N"

LUNCH MENU Served All Day

Add a side of Homefries to your lunch for \$2.00

CARIBBEAN JERK CHICKEN WRAP **\$9.00**

Chicken breast with our Brother Jonasko's Freedom Jerk Sauce, tomatoes, spinach and Omali's Vegan Garlic Delight Sauce in a Grilled Flour Tortilla.

CARIBBEAN JERK CHICKEN OR VEGAN JERK WRAP



VEGAN CARIBBEAN JERK WRAP **\$9.00**

Vegan soy & chick'N" with our Brother Jonasko's Freedom Jerk Sauce, tomatoes, spinach and Omali's Vegan Garlic Delight Sauce in a Grilled Flour Tortilla.

GREEN GODDESS GRILLED CHEESE **\$9.00**

Mozzarella Cheese, Feta Cheese, Fresh Spinach, Avocado, Sliced Tomato and Pesto on Grilled Marble Rye Bread.

GREEN GODDESS SANDWICH



Add Bacon, Jerk Chicken, Vegan Jerk Chick'N or mushrooms for \$1.00 each

DRINKS

Spring Water,
Sodas, Juice \$1 - 2

A LA CARTE

Homefries \$4
Scrambled Eggs \$4

Uhuru Foods & Pies supports African self-determination programs of:



Black Star Industries

African People's Education & Defense Fund



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